

# CABRILLO UNIFIED SCHOOL DISTRICT

## MENTAL HEALTH GRANT for 2020-2024



### BACKGROUND

The San Mateo County Office of Education (SMCOE), in partnership with San Mateo County's Behavioral Health and Recovery Services (BHRS) and 12 school districts, received a \$6.0 million grant over four years from the state's Mental Health Services Oversight and Accountability Commission to build the capacity of schools to provide mental health supports to their students. Please visit [SMCOE's press release](#).

Cabrillo Unified School District (CUSD) is 1 of 12 districts who are receiving the following support:

1. Evidence-based social-emotional curriculum designed to strengthen school climate and improve student success.
2. Trauma-informed, resiliency-focused training to improve staff well-being and their ability to serve students.
3. Counselor (.25) to implement Project WayFinder SEL - Addressing belonging and identity for adolescents.

### IMPLICATION FOR CUSD

At CUSD, our Department of Educational Support Services in partnership with SMCOE will adopt and implement one of three [SEL curriculum](#) and are leaning to selecting [Connect with Kids](#) because:

1. It has PreK-12th grade programming.
2. Topics include bullying and violence prevention, college and career readiness, Culturally Responsive Education, Character and Life skills, Drug and alcohol prevention, Digital citizenship. (closely aligns with LCAP and LCA plans).
3. Customized digital platform to facilitate remote and in-person learning.

In addition, CUSD staff will receive professional development training on the Community Resiliency Model (CRM) and will receive support with data analysis to determine areas of growth.