

Word of the Month

Courage – to act according to one’s beliefs.

Each month, students and teachers across the school focus on one word. Each word represents a skill that will help us in life. We call them life skills.

The word for February is *Courage*. You show courage when you act according to your beliefs. It takes courage to:

- * **Try something new**
- * **Take risks**
- * **Tell the truth**
- * **Take responsibility for your actions when you are wrong**
- * **Stand up for yourself to classmates and adults when you feel you are right**
- * **Raise your hand and ask for help**
- * **Help someone in need**

If you would like to reinforce the Word of the Month at home with your child, below are some books with courage related themes:

Grades K-3:

The Cabin Faced West by Jean Fritz

Anansi the Spider by Gerald McDermott

Sylvester and the Magic Pebble by William Steig.

Grades 4-6:

The Matchlock Gun by Walter D. Edmonds

The Dream Keeper and Other Poems by Langston Hughes

My Side of the Mountain by Jean Craighead George

Little House on the Prairie by Laura Ingalls Wilder.

The Hobbit by J.R.R. Tolkein.

Thank you,

Katie Werdel